



We know food is an important part of our day – who doesn't love food, right?

A core value of Lexington is to do whatever it takes to satisfy our customers and we believe this new South Asian Menu will help do just that.

After making your food selections, dial extension **6474** to place your order during meal times

Welcome to Lexington Health Network

These menu items are available exclusively at our Bloomingdale location.

For more information:
165 South Bloomingdale Road
Bloomingdale, Illinois 60108
Phone: (630) 980-8700



www.lexingtonhealth.com

South Asian Menu and Service Options

Dal/Lentils

Choose between a variety of dals seasoned with south Asian spices and sautéed onion and tomato served over steamed white rice with a side of plain yogurt.

- Masoor dal
- Mung dal
- Toor dal
- Chana dal

Beans

Choose between a variety of beans seasoned with south Asian spices and sautéed onion and tomato served over steamed white rice with a side of plain yogurt.

- Kidney beans
- Lima beans
- Black beans
- Chick peas
- Black eyed peas

Rice

- Jeera Rice
- Khichdi
- Pulao
- Steamed Rice

Meat (Zabiha Halal / Fatima)

- Chicken Soup
- Meat Curry
- Keema (ground beef)



Other Services

Multi-faith prayer room

Able to accommodate gender specific care requests

Multi-faith priests



Our goal is to do ordinary things extraordinarily well. We support healing and quality of life while offering an individual patient-centered experience that feels like home.

Breakfast and Other Items

- Upma
- Hummus
- Pita bread
- Plain Greek yogurt
- Milk (whole, 2%, skim)
- Grilled cheese sandwich
- Cottage cheese
- Peanut butter

Vegetables

Daily cooked vegetables seasoned with South Asian spices.



How to Place an Order

Please place orders at least 2 hours before meal times so meals can be provided in a timely manner. Orders can be placed by calling x6474 or by communicating with the nursing or food service department. We look forward to serving you, thank you!

Family members may also call on your behalf, or you can ask the Service Excellence Manager.